

# Insight

An Educational Report to Our Community

## COMMUNITY MESSAGE

Dear Resident,

I think a lot about the importance of great teachers, and how our teachers and staff at Lake Forest High School challenge and support all our students. We all had great teachers that left a lasting impression. I had several, and two stand out. Miss Hesslau, my 3rd grade teacher, made learning fun, and inspired me to want to learn more. Coach Botheroyd, my high school football coach, was tough and fair, hated to lose, and taught me how to learn from failure.

Miss Hesslau and Coach Botheroyd also did something I didn't recognize at the time. They made me feel unique. There were times I wished they wouldn't notice that I did not do my best, but they were always there. They taught me how to deal with adversity, and not to quit. They cared, and somehow, made me care too. I learned later they were doing this for all their students.

Times have changed, but great teachers still rule. A recent National Gallup Poll recognized the importance of teachers' ability to connect with students, and help them envision their futures. Young Americans who say they had teachers who "knew about my hopes and dreams" are more likely to have higher-quality work lives.

The many great teachers and staff members at Lake Forest High School are using the same skills as Miss Hesslau and Coach Botheroyd. They have an unwavering belief in our students' possibilities. Our teachers, administration, and staff are using the entire educational toolkit to challenge and support students, which makes our students college and career ready, and fosters passionate, courageous and insightful young adults willing to change their world.

Our children will create things that have not yet been dreamed. Our community and Lake Forest High School are responsible for making sure they're ready.

To quote Franklin D. Roosevelt, "We cannot always build the future for our youth, but we can build our youth for the future."

Thank you for entrusting us,



**Reese P. Marcusson**

Lake Forest High School District 115  
Board of Education President



## Our Mission

To inspire the passion to learn, the insight to know oneself, and the courage to make a difference.

## 145 STUDENTS RECOGNIZED

### Illinois State Scholars

Lake Forest High School is pleased to announce that 145 students have been recognized as Illinois State Scholars. Illinois State Scholars possess strong academic potential, are selected based on academic achievement, and are ranked in the top ten percent of high

school seniors, representing high schools across the state. A complete listing of recipients can be found on the school website [www.lfhs.org](http://www.lfhs.org) by searching "Illinois State Scholars." Congratulations to all these exemplary students.

## COMMUNITY PROFESSIONALS INVITED TO PARTICIPATE

### Informational Career Fair

Lake Forest High School invites community members to participate as presenters at the First Annual LFHS Informational Career Fair on **Tuesday, March 20, 2018 from 10am to 1pm** in the LFHS Competition Gym.

This event is designed to provide our students with experiences that will enhance their college and career readiness. It will help them understand the inner workings of businesses, the different career options available, and how to be best prepared to enter a field of their choice.

Professionals will have the opportunity to respond to questions about their chosen career and to offer students advice on the required training and education involved in their area of expertise. No formal presentation is required. We realize time is valuable, but the hours that you volunteer can have a positive, lasting, impact on the lives of our students.

If you have any questions or would like to participate, please contact Jim Sullivan at 847-582-7702 or [jsullivan@lfschools.net](mailto:jsullivan@lfschools.net). The contribution of your time and talents will make a difference!

## FUTURE LEADERS RECOGNIZED

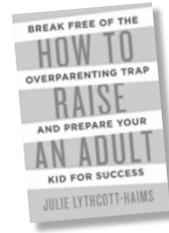
### Congress of Future Science, Technology and Medical Leaders

Yusef Alsikafi represented Lake Forest High School and the state of Illinois at the Congress of Future Science and Technology Leaders, and Christopher Wiegand, represented Lake Forest High School and the state of Illinois at the Congress of Future Medical Leaders. The Congress was held in Boston, Massachusetts where both students learned and collaborated with some of the greatest minds in their respective fields of interest.



## HOW TO RAISE AN ADULT

### Community Author Visit



In December, acclaimed author, Julie Lythcott-Haims visited our community and presented our findings from her book. In *How to Raise an Adult*, she draws on research, conversations with admissions officers, educators, and employers, and her own insights as a mother and as a dean of students to highlight the ways in which overparenting harms children, their parents, and society at large. While empathizing with the parental hopes and, especially, fears that lead to over-helping, Lythcott-Haims offers practical alternative strategies that underline the importance of allowing children to make their

own mistakes and develop the resilience, resourcefulness, and inner determination necessary for success.

Relevant to parents of toddlers as well as twenty-somethings, and of special value to parents of teens, this book is a rallying cry for those who wish to ensure that the next generation can take charge of their own lives with competence and confidence.

In response to the many requests we received from those who missed Julie Lythcott-Haims' presentation at Lake Forest High School on *How to Raise an Adult*, we have provided a link to the presentation on the district's website [www.lfhs.org](http://www.lfhs.org). A special thanks to LEAD for their partnership in bringing this important message to our schools and community.

## FOUNDATION'S ANNUAL SPRING LUNCHEON

### Celebrating Educational Excellence – April 18

The Lake Forest High School Foundation's spring luncheon, *Celebrating Educational Excellence*, will be held on **Wednesday, April 18, 11:30am to 2pm** at Exmoor Country Club. This is the Foundation's primary fundraiser and a great time to connect with friends, while learning about the Foundation's mission of working with parents, friends, and the community to invest in educational excellence at Lake Forest High School.

Over the last 15 years, the Foundation has donated nearly \$2 million in cutting-edge technology, leading scientific equipment, collaborative learning spaces, and world-class materials across every department.



The Foundation will be highlighting many of its 2018 Grants at this year's luncheon.

Be on the lookout for our raffle table at a variety of upcoming events. This year's raffle prizes are a pair of Beats® wireless headphones and an Apple Watch®.

For additional details visit [www.lfhsfoundation.org](http://www.lfhsfoundation.org). If you would like to ensure you are on the invitation list, please e-mail your contact information to [lfhsfoundation@gmail.com](mailto:lfhsfoundation@gmail.com). Thank you in advance for "investing in educational excellence" at LFHS!

## NATIONAL MERIT SEMI-FINALISTS

### National Merit Scholarships 2018

Of about 1.6 million juniors in more than 22,000 high schools across the country who entered the 2018 program, by taking the 2016 Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/NMSQT), only approximately 16,000 earned the Semifinalist designation. This nationwide pool of Semifinalists represents less than one percent of all U.S. high school seniors and includes the highest scoring entrants of the state who will have the opportunity to continue in the competition for 7,500 National Merit Scholarships worth more than \$32 million.

To become a Finalist, a Semifinalist must have an outstanding academic record throughout high school, be endorsed and recommended by a high school official, write an essay and earn SAT scores that confirm the student's earlier performance on the qualifying test.

### 13TH STATE TITLE Varsity Field Hockey



### Kudos to the 2017 Varsity Field Hockey Team who won back-to-back state championships.

They claimed the 2017 title in a hard-fought battle with North Shore Country Day. Grace McGowan and Cat Nicholson provided the only scoring for the game.

The Semifinalist's participation in school and community activities demonstrated leadership abilities, employment, honors and awards received must also be submitted.

Approximately 15,000 Semifinalists are expected to advance to the Finalist level, and Merit Scholar designees will be selected based on their skills, accomplishments and potential for success in rigorous college studies.

### COMMENDED STUDENTS

#### National Merit Scholarships 2018

Principal Dr. Chala Holland announced the following students have been named Commended Students in the 2018 National Merit Scholarship Program.

*William R. Andersen*  
*Andrew W. Arnson*  
*Garrett Buccelli*  
*Alyssa M. Godshall*  
*Rebecca Y. Guo*  
*Freda L. Hasselbring*  
*Parker M. Messner*  
*Finn Michaelis*  
*Madhew Oline*  
*Samuel M. Pasquesi*  
*Stefan Riedel*

### CAPTURING THE CITY'S BEST

#### Photography Class

This fall, photograph students visited Chicago to photograph the Loop, Millennium Park and the Riverwalk. All students were provided with digital cameras through a generous LFHS Foundation grant.



### National Merit Semi Finalists

*Elizabeth Porter*  
*Isabel Rosa*  
*Caroline Skinner*  
*Victoria Walsh*



*Jared S. Rose*  
*Grace M. Scheidler*  
*Connor J. Sheridan*  
*Lincoln Updike*  
*Christopher R. Wiegand*

About 34,000 Commended Students throughout the nation are recognized for their exceptional academic promise. Commended Students placed among the top 50,000 scorers of more than 1.6 million students who entered the 2018 competition by taking the 2016 Preliminary SAT/National Merit Scholarship Qualifying Test.

## SAVE THE DATES

### Upcoming 2018 Events Not to Miss

#### Little Scouts Full and Half-Day Preschool Registration

##### Open on February 5

Little Scouts is operated in conjunction with Lake Forest High School. In a structured, yet nurturing environment, Little Scouts offers quality daycare and developmentally appropriate activities for children six weeks to five years old. For more information or to register contact Program Director Shari Pew at [spew@lfschools.net](mailto:spew@lfschools.net)

#### LFHS Talent Show

##### February 21 - 24

The 2018 Talent Show performances will be held in the Lake Forest High School East Campus Auditorium, 1285 N. McKinley. This event highlights the talents of our students across all four grades and is open to the public. Visit [www.lfhs.org](http://www.lfhs.org) for more information and to purchase tickets.

#### 5th Annual Booster Bash

##### March 10, 7pm to 11pm

Live From Lake Forest, it's SCOUTS... Saturday Night! Mark your calendars and join the Boosters at the Gorton Community Center. The night includes a DJ, comedy act, live and silent auctions, tasting stations, bar, late night desserts, and fun! 100% of the proceeds will benefit LFHS student athletes. For more information visit [www.lfhsboosters.org](http://www.lfhsboosters.org)

#### LFHS Theater

##### April 26 - 28 at 7pm

*Beauty and the Beast*, the musical production by Menken, Ashman, Rice and Woolverton of the Disney classic will be presented by our talented theater students at Lake Forest High School. Visit [www.lfhs.org](http://www.lfhs.org) for more information and to purchase tickets.

# Insight

WINTER 2018

Lake Forest High School District 115  
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300 S. Waukegan Road - Administration  
Lake Forest, Illinois 60045  
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www.lfhs.org  
www.lakeforestschools.org

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## An Educational Report to Our Community



### Superintendent

Michael V. Simeck

### Lake Forest High School District 115 Board of Education

Reese Marcusson, *President*  
David Lane, *Vice President*  
Ted Moorman, *Secretary*  
Sally Davis  
Lise Eliot  
Diana Kreiling  
Tomas Nemickas

## LFHS NAMED ON LIST OF "THE MOST BEAUTIFUL PUBLIC HIGH SCHOOL IN EVERY STATE IN AMERICA" by Architectural Digest



**"With a main building that looks more like a country manor than a public high school, Lake Forest High School, in a North Shore suburb of Chicago, is more than pleasing to the eye. The main structure was built in 1935, with additions being built periodically."**

*Architectural Digest, September 2017*

## CLOTHESLINE PROJECT

### Honoring Survivors of Sexual Assault, Abuse and Domestic Violence

LFHS students participated in, The Clothesline Project, a visual, interactive presentation honoring survivors of sexual assault, abuse and domestic violence. A clothesline is hung with multi-colored t-shirts that have been created and decorated by survivors or in memory of individuals who have been abused. The goal is to encourage individuals to support survivors around them, to let survivors know they are not alone and there are resources to help them. This project inspires students to help make a difference knowing violence is not acceptable.

Subscribe to  
our District 115  
community  
e-newsletter at:  
[www.lfhs.org](http://www.lfhs.org)

### LEARN MORE Board of Education

Board packets, agendas, meeting archives, and videos can be found on the district website [www.lfhs.org](http://www.lfhs.org) under the Board of Education. We encourage all interested residents to subscribe to the *Board Meeting Highlights*, a monthly e-newsletter that summarizes topics from the Board of Education's meetings.



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## COMMUNITY MESSAGE

Dear Resident,

**With the start of 2018 upon us, I would like to share my District 67 Gratitude List:**

- 1. I am grateful to work alongside six outstanding Board members.** My colleagues are smart, thoughtful, open-minded, and great listeners. They care about education and make time to focus on the job.
- 2. I am grateful to have Mike Simeck as our Superintendent.** Mike is an outstanding educational leader. He has a fantastic vision for our district, and is working extremely hard to make that vision a reality.
- 3. I am grateful for the Vision Statement that our Board, in collaboration with the community, created four years ago.** That Vision has become a living part of our district and is a valuable compass to which we align our decisions.
- 4. I am grateful for the entire Administration and Support Team.** These are the people at the Central Office, as well as our principals and support staff. These folks review and implement new curriculum, ensure we acquire and develop the best talent, keep our finances in good shape, and are critical to making sure our schools run smoothly.
- 5. I am grateful for our teachers and other classroom personnel.** Our Vision calls for world-class talent, and I believe that is exactly who we have fostering the love of learning in our students.
- 6. I am grateful for our students.** Our student body is pretty special. They are smart, passionate, and well-rounded. They are kind and respectful (most of the time!). In a word, our students are fantastic.
- 7. I am especially grateful for my children, John and Katy,** as they have given me the chance to get to know hundreds of students and parents, providing me with another important perspective on how our district is doing. They also bring me great joy!
- 8. I am grateful for the parents in our community.** We are fortunate to have smart, dedicated parents who view their childrens' education as a partnership between the schools and the home.
- 9. I am grateful for the financial resources that support our students and district.** Achieving an ambitious Vision costs money, and I am grateful for every single dollar provided by our taxpayers and the Spirit of 67 Foundation.
- 10. Last, but certainly not least, I am grateful to my wife, Renee.** Without her love and support, I would not be on this Board, and I certainly would not be effective in this role.

In the midst of constantly striving to improve, improve, improve, it is easy to lose sight of all the wonderful things that we already have before us. We are very fortunate, and I am grateful.



**Mike Borkowski**

District 67 Board of Education President

Haskins 2.0

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## Our Mission

**To inspire and empower all students to maximize their growth as learners and develop a balanced sense of self, steadfast resiliency, and deep respect for others.**

## HASKINS 2.0

### Deer Path Middle School

Deer Path Middle School held a Ribbon Cutting Ceremony this fall to unveil the school's newly reimagined learning space for seventh and eighth grade students and staff. The Haskins Library/Media Center (Haskins 2.0), is a colorful, inviting space where students can explore, create, collaborate, and spend quiet time reading or doing homework.

Superintendent Michael Simeck, Board of Education President Mike Borkowski, DPM Principal Renee DeVore, and Martha Zeeman, on behalf of the Spirit of 67 Foundation, welcomed students, parents and community members to the event.

Highlights of the new space include four Learning Studios, outfitted with furniture that can be easily reorganized for collaborative work. These multi-functional areas can accommodate large and small groups, and can also serve as study areas. There are two kinds of Reading Treehouses, counters, and book nook areas that can be used as quiet spaces or small group/partner areas. The Gathering Stairs are a favorite new space for students. The Nook, a cozy area under the Gathering Stairs, is used for reading, collaborating, or studying.

The Campfire is an appropriately named area due to the round ceiling and windowed rotunda area. This is a more casual space for large or small group gatherings. The stadium and soft seating options can quickly be combined for a group discussion or reconfigured for groups and individual productivity.

The Spark Lab, connected to the STEM Lab, is Deer Path School's MakerSpace and is available to all classes and students. Outfitted with flexible,

stackable furniture, a vinyl cutter, drones, multiple building tools, and a graphic design computer, this area will 'spark' ideas and 'fan the flames' of innovative thinking.

The Haskins Center 2.0 could not have come to fruition without the support of the District 67 Board of Education and Spirit of 67 Foundation.



## CREATING A COMMUNITY

### Sheridan School

During a Social Studies unit, *Create a City*, Sheridan third grade students explored the impact that banks, goods and services, government, and housing have on communities. Students participated in a month-long simulation where they wrote a Constitution, created a community that consisted of homes and businesses, elected and appointed positions, and participated in town meetings.

**Students had the opportunity to meet with Lake Forest City Mayor Lansing at City Hall to discuss "What defines a healthy, growing, and long-lasting community."**



## **READ-A-THON** **Cherokee School**

The fourth grade students and teachers at Cherokee School spearheaded an all-school *Read-a-Thon* to raise money for those who were affected by Hurricane Harvey. Fourth graders kicked off the event with an all-school assembly that raised awareness of the impact of the hurricane. Students in each grade then received pledges for minutes read during the *Read-a-Thon*, which lasted throughout an entire school day.

Teachers read aloud to students, students read silently, and each class was paired up with a buddy class to read together. The students at Cherokee School read a total of 43,692 pages and raised over \$14,000 for the Hurricane Harvey Relief Fund.



In addition to the students' individual pledges, the Whispering Oaks Cherokee/ Timber block party donated over \$500 to the cause. The event was a tremendous success in both helping people in need and engaging fourth grade students in reading!

## **Did You Know...**

**MAP Math & Reading Achievement Scores are consistently 10 points above the national average (grades 2-8).**

**District 67 students enter high school very well prepared. One fifth of LFHS incoming freshmen are in the top 5% of the nation.**

**District 67 is one of only 73 school districts nationwide with a Aaa bond rating. This directly benefits the costs of long-term bond obligations.**

## **GRANDPARENT READING PROGRAM** **Everett School**



Everett School teachers developed a Grandparent Reading Program as a way to increase one-to-one time and student engagement, create a community connection, build relationships, and learn about

interacting and respecting elders. Students look forward to reading time with their grandparent reader and the grandparents look forward to reading with their students!



## **MINDFUL MONDAYS** **Cherokee School**

Mindfulness is a term that has been heard frequently at Cherokee School this year. Mindfulness is the moment-by-moment awareness of one's thoughts, feelings, and the surrounding environment. Research has shown this practice to improve attention, self-control, emotional resilience, and memory. Cherokee brought in a local expert to teach students mindfulness techniques to increase their awareness and calm their minds and bodies,

and began the tradition of "Mindful Mondays." During morning announcements each Monday, a staff member facilitates a "Mindful Minute" of structured breathing and focus. The incorporation of mindfulness into the school day has received positive reviews from staff and students alike. In the words of a first grader who just completed a Mindful Minute, "I feel so much calmer now!"

## KINDERGARTEN REGISTRATION

### Cherokee, Sheridan and Everett Schools

Do you have a child who will be 5 years of age by September 1, 2018, and plan on joining the District 67 family in the fall? If so, please join us at the **Kindergarten Information Night on Thursday, February 8, 6:30pm to 7:30pm at your neighborhood school.**

- **Cherokee School**  
475 E. Cherokee Road
- **Everett School**  
1111 Everett School Road
- **Sheridan School**  
1360 N. Sheridan Road

At Kindergarten Information Night, you will meet the kindergarten staff, learn more

about programs and curriculum, and visit the classrooms. That evening, parents can complete the online pre-registration process. If you cannot attend Parent Information Night, you can pre-register, beginning February 8, 2018, by visiting the District website [www.lakeforestschoools.org](http://www.lakeforestschoools.org), navigate to your neighborhood school under "Schools" (green top bar) and click on the "Visit our Registration Page" button to access information.

#### Need additional information?

Contact Kindergarten Liaison, Dr. Michelle Shinn at [mshinn@lfschools.net](mailto:mshinn@lfschools.net).

## MILES FOR A MISSION

### Everett School



Everett School students and staff collectively walked 2,078 miles, the distance from Lake Forest to Puerto Rico, and raised almost \$7,000 for the victims of Hurricane Maria in Puerto Rico.

All funds were donated to *United for Puerto Rico* to help pay for basic necessities following the hurricane devastation. A true testament to teamwork and a caring Everett community!

## COMMUNITY HELPERS

### Sheridan School

Kindergarten students have been busy learning about Community Helpers in Lake Forest. Thank you to Dr. Mass from Lake Forest Acute Care, Lake Forest Police Officer Christensen, Pediatric Dentist Dr. Gordon, and Lake Forest Fire Department Battalion Chief Gallo for taking time to field questions from the inquisitive kindergarten students!

# Thursday, February 8!



**Superintendent**  
Michael V. Simeck

### Lake Forest Elementary School District 67 Board of Education

Mike Borkowski, *President*  
Robert Lemke, *Vice President*  
Alice LeVert, *Secretary*  
Jeff Folker  
Thompson Ford  
Kent Novit  
Suzanne Sands

## TOUR OF HOMES: MAY 10

### Opening Doors for Education

The Spirit of 67 Foundation's Opening Doors for Education Home Tour, in its sixteenth year, has become a highly anticipated community event. This year will be extra special as the Foundation will be changing its annual Home Tour to every other year, offered only in the even years, in an effort to support the Infant Welfare Home Tour.

We hope this event will extend community awareness of the Spirit's work on behalf of our schools. Please join us this year for what promises to be another delightful day.



Bring your friends and tour four lovely Lake Forest homes on the **Thursday before Mother's Day, May 10 from 9am to 3pm.**

Additionally, a luncheon will be held at The Lake Forest Club. For more information and to purchase tickets, please visit the Spirit of 67 Foundation's website [www.spiritof67foundation.org](http://www.spiritof67foundation.org).

## LEARN MORE

### Board of Education

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**Subscribe to our District 67 community e-newsletter at: [lakeforestschoools.org](http://lakeforestschoools.org)**



# Thursday, May 10!